

Spring Newsletter

From the Head

The spring term is often a mix of wet weather with a splash of sunshine.

With Easter having been early this year, it feels like there has been lots of rain!

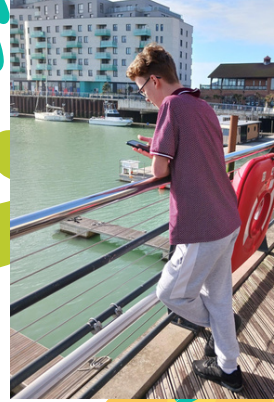
But that has not stopped the students making progress demonstrated in this edition of the Springboard Newsletter.

Hopefully you have all been able to log in to our school app ClassCharts, giving you access to your child's attendance and behaviour reports, if you have not accessed this please let us know so we can support setting it up on your phone.





Class 1



We have had a fantastic Spring term in Class 1. All students have shown great determination in their work ethic covering a range of topics, including volume of shapes, history of the English language, single line art and coastal erosion.

Ben continues to enjoy his history sessions, even helping Paul teach a session on the Vietnam War. Ben also learnt how to play Badminton this term, showing great resilience during the learning process and now by the end of term he can enjoy and play matches with other peers and staff.

Ethan has been excelling in his boxing sessions with Harry, really understanding the technique of trunk, foot and hand defences. Ethan has also mastered all the different punches including jab, uppercut, hook and rear hand. Ethan has also engaged in travel training sessions, successfully travel training to Brighton, and of course enjoying a McDonalds when there.

Mia has shown real improvement in her maths ability this term, engaging well in some extra sessions on re-arranging equations. She has also tried to integrate herself with the rest of school talking to new members of staff and helping the class by making staff a number of hot drinks. She has also made great efforts to get a therapy cat for the class which have yet been successful, but fingers crossed 😊

Reggie has continued to learn different techniques in his cooking sessions, successfully creating a one-pan meal of cheese burger pasta. Reggie has been working hard in his gym session this term, each week tracking his progress on shoulder press, bicep curl, tricep extension and leg press.

Well done Class 1 😊

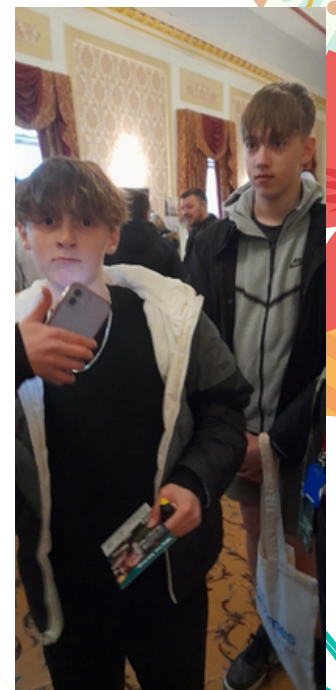
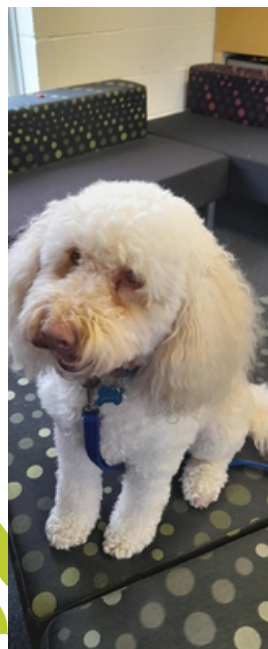




Class 2

Class 2 have enjoyed a term learning about Roman Britain and the story of Queen Boudica and the Celts. This has involved creating mosaics and tribal patterns, ancient British society and reading Queen of Darkness. Class 2 have also learned about 2D and 3D shapes as well as measurements and different types. March has also seen Class 2 begin to learn about horticulture and began some projects around the Willows and school grounds.

Class 2 also engaged in a whole school careers fair that took place in Brighton, gathering lots of options and ideas for their future aspirations as well as travel training to Chichester.



Class 3

This term class 3 have been working on independence skills through travel training, cooking, budgeting and learning about bank accounts. Travel training specifically has highlighted the abilities of class 3, building our confidence not only in school but out in the community. Class 3 have demonstrated perseverance and resilience throughout this term within the class, which is shown our approach to learning.

Travel training:

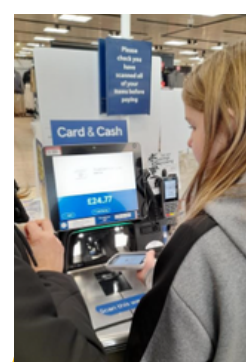
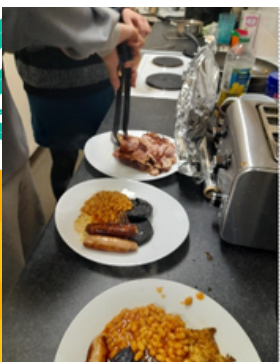
Class 3 have travelled to various places, such as Brighton, Lewes, Crawley and Chichester.

These training days have allowed our class to become more independent and confident when outside of school as we plan where we want to go, and how much the day will cost. Here are some photos from our days out!



Cooking:

This term class 3 have eaten good!! From full English breakfasts to croissants that turned out like bread rolls... our class have smashed the cooking this term! Here are a few photos of the feasts and us buying the ingredients!





Class 4



We have had a wonderful term in Class 4 and excitedly we have welcomed a new student to our little clan. We have had so much fun learning all about the Terrible Tudors including all of the Tudor Monarchs from Henry Tudor to Elizabeth the 1st, we have found out using our research skills what they believed in and what dastardly deeds they did including chopping off many heads! We have made Tudor ships in DT expanding our designing skills and manipulation of tools safely whilst learning about famous explorers.

In the Willows kitchen we have cooked lots of yummy savoury and sweet food including chow Mein, Tudor biscuits, cheesy muffins and some banging chocolate chip cookies. In science we have gone plant crazy and planted seeds. We have growing beetroot, carrots and onions. We have cultivated herbs such as rosemary and parsley and even have a chilli plant growing. We have been learning about parts of the plant and how water is transported through a plant from the roots to the petals. We have some lovely sweet peas growing which we are looking forward to planting in the garden. We have been learning about British values and how we use them in school.

In maths and English we have been developing our basic skills including word classification, expanded sentence construction and writing in character. In maths we have been working hard on the number systems and learnt about measures, we have been estimating and measuring using tape measures, rulers, weighing scales and measuring jugs.



Sixth Form

This term all the 6th Formers have been REALLY BUSY!! Each one of them has been working extraordinarily towards their independence and general growth, taking exams and generally preparing for the real world or training. Participation and engagement in the Careers Fair was great to see, we have some contacts to pursue.

Adam has made so much progress at Springboard. Not only has he been working very hard on his English and Maths, but he has also submitted a job application to become a Rail Customer Service Assistant, and somehow he has still managed to find the time and energy to go to the Gym with the rest of students as much as possible, as well as going bouldering with Phoenix and the rest of Springboard, showing great determination and commitment!

Lucian is already preparing to transition to life after Springboard and developing more independence. Maybe his work boots could join him in that pursuit too. Lucian passed his English Functional Skills level 2 as well, and he has not neglected his physical work outs either!

Milo has been working hard on his Maths (too much for his liking maybe...) and did pass his English with a whooping 8! Well done, Milo! He is doing a fantastic job at college too, handling many different machineries for his Arts course I do not even know the names of! That looks dangerous Milo...!

We could not be any prouder of Phoenix. She has been full-on working on her (very demanding) Level 2 Drama course at college. She performed her show this past term with PERFECT scores, across the board! She keeps demonstrating how reliable of a friend she is, supporting her peers both at college and at Springboard in such a mature way, displaying an excellent role model. Phoenix' mum Sam and Alice were so incredibly happy to see her perform and witness how far she has come.

We will surely get extremely exciting news and updates on the 6th Form's latest addition RICK...! For the time being we have witnessed him quickly bonding with some of our students, promoting a very healthy sense of belonging and unity at Springboard, and getting stuck into Functional Skills Maths and English. Props to Rick!

Last but not least, Callum has also made so much progress on his Photography course. Callum has gone on a lot of genuinely nice strolls this term, that have allowed for him to take so many awesome wildlife photos, some of which we hope to display at Springboard very soon! Callum has also been readying his website, which we hope will be finished next term.





Pastoral

The pastoral team has been actively involved in supporting students' holistic development and well-being throughout the term. Through a range of interventions focused on life skills, creative sessions, practical assistance, and emotional support, the team has aimed to enhance students' self-confidence, self-esteem, and overall functioning. This report outlines the interventions implemented and their impact on students' behaviours.

Life Skills Development:

The pastoral team has conducted regular life skills workshops aimed at equipping students with essential skills for daily living. Topics covered include time management, communication skills, problem-solving, and emotional regulation. These workshops have empowered students to navigate challenges more effectively and independently, leading to a noticeable improvement in their ability to handle various situations.

To foster creativity and self-expression, the pastoral team has organized creative sessions such as art therapy, music therapy etc. These sessions provide students with opportunities to explore their talents, express their emotions, and develop coping mechanisms. Engaging in creative activities has been instrumental in promoting emotional well-being and resilience among students.

In addition to emotional support, the pastoral team has provided practical assistance to students in various aspects of daily living. This includes helping students learn basic life skills such as tying their shoelaces, cooking and baking, and managing personal hygiene. By offering hands-on guidance and support, the team has empowered students to become more independent and self-reliant in their daily routines.

One of the primary objectives of the pastoral interventions has been to enhance students' self-confidence and self-esteem. Through positive reinforcement, encouragement, and personalized support, the team has worked closely with students to nurture a sense of self-worth and belief in their abilities. As a result, students have shown increased confidence in their academic pursuits, social interactions, and personal growth.

The interventions implemented by the pastoral team have led to a significant decrease in negative behaviours among students. By addressing underlying issues, providing support, and fostering a positive learning environment, students have exhibited improved emotional regulation, reduced instances of disruptive behaviour, and greater engagement in positive activities. The supportive relationships built between students and pastoral staff have also contributed to a sense of belonging and connection within the school community.

In conclusion, the pastoral team's involvement and interventions have played a crucial role in supporting students' holistic development and well-being. Through life skills development, creative sessions, practical assistance, and efforts to build self-confidence and self-esteem, the team has made a positive impact on students' lives. Moving forward, continued collaboration and support from the pastoral team will be essential in promoting the ongoing growth and success of all students.



Safeguarding

Springboard Safeguarding team will continue to encourage parents to monitor their children's devices usage, online conversations and gaming chats.

Here are some links you may find useful:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/#guides>

Set up parental controls:

Apple:

<https://support.apple.com/en-gb/105121>

Android:

<https://support.google.com/googleplay/answer/1075738?hl=en-GB>

PlayStation:

<https://www.playstation.com/en-gb/parental-controls/>

Xbox:

<https://www.xbox.com/en-GB/family-hub>

Roblox:

Setting up Roblox parental controls

Scroll down and tap the gear icon — it says Settings. Tap Parental Controls. Here, you'll be able to customize protections including: Account Info, Security, Privacy, Billing, Parental Controls, and App Permissions.

Minecraft:

<https://www.internetmatters.org/parental-controls/gaming-consoles/minecraft/>

World Book Day 2024



This year for World Book Day, we had a really fantastic response, and the students between them managed to raise £152.00+ through sponsorship, from friends, family and even local businesses. This gave the students the opportunity to approach local businesses, developing their social communication skills.



Here at Springboard, we celebrated on the day, by students and staff members coming dressed as characters from their favourite books, it was a brilliant turnout, with many of the students getting involved.

The National Literacy Trust organised a live online quiz for students and staff to join up and down the country, with famous football players and authors hosting, many of the students got involved in this Footy & Booky quiz, which they really enjoyed. This was followed by a Where's Wally hunt around the school, where the students had to find several hidden Wally's, everyone got involved, and there were prizes handed out at the end. Overall World Book Day for Springboard was a huge success, and students and staff had a great day. A big thank you to Class 2 for organising.



Notice from Nautical Training Corps (NTC)

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Chief Officer Paul Tyler NTC - intrepid@ntc.org.uk - 07902 093388